

Two Big Judo Events - One Day!

Are you: Constantly pestering your sensei about the rules of judo? Competitor or coach who needs an update? Losing your mind and want to be a referee?

Come to the San Shi Judo Club

RULES CLINIC

FEATURING: Mr. Bernie Semel
WHO: All judo players, coaches and referees
WHAT: This clinic is designed to educate the competitors and coaches about the rules of the game so that matches will not be lost for lack of knowledge of the rules, but more importantly so they will be able to use the Contest Rules against their opponents to win tough matches where every possible advantage is needed.
WHEN: August 8, 2009 at 8AM sharp! Doughnuts and coffee at 7:45
WHY: Because playing judo is fun; and playing smart judo even more so.
HOW (MUCH): \$20.00 per person for USJF/USJI/USJA members includes lunch, dinner and beverages; \$70.00 per person for non-members includes one year national membership in the USJF and both meals.

and and

Do you: Need some matches to get some competition experience?

Immediately following the Rules Clinic will be the

SAN SHI JUDO SENIOR NOVICE TOURNAMENT

USJF SANCTION #: TBA
WEIGH-IN DATE/TIME: On site before competition, August 8, 2009; after clinic at approximately 3PM.
RULES: No weight categories in advance; please be comfortable. Current IJF rules except: no arm bars as this is a novice event. Reasonable latitude for judogi decorations and size at director's discretion. We will have a "last man standing" format or "kohaku shiai" depending on the number of entries. Other rule changes may be announced at the beginning of the event.
ELIGIBILITY: Open to current paid-up members of one of the following: United States Judo Federation, United States Judo Assoc., United States Judo Inc. Senior novices only, entry list to be submitted by coaches in advance.
AWARDS: Participation certificates noting result of matches.
COMPETITION ENTRY FEE: Members: \$15.00 to all contestants includes dinner and beverage (non-refundable); Paying clinic attendees compete for free!
Non-members: \$65.00 per person for non-members includes one year national membership in the USJF and dinner
SANCTIONED BY: United States Judo Federation
OFFICIATED BY: Yudansha and mudansha, clinic attendees
HOSTED BY: San Shi Judo Club
FOR MORE INFORMATION: Bill Caldwell (858)675-8274 or mailbox@sanshijudo.org

and and

Immediately following the competition will be a **surf & turf dinner** to sum up the day with frivolity, cheer and exaggerated stories. Extra tickets for spouses and guests are available at \$9.00 per person. Soft drinks provided, please bring your own adult beverages if you like.

LOCATION FOR BOTH EVENTS: Japanese-American Cultural Center of Vista
150 Cedar Road, Vista CA 92083
<http://sanshijudo.org/Contact.html>